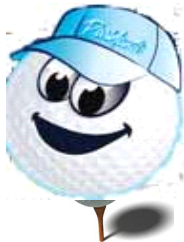
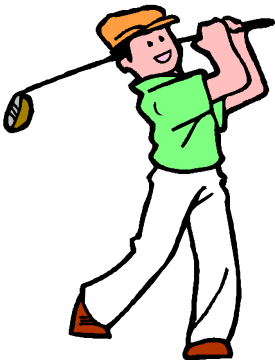




Parklands
Golf Club

Junior Golfers

Handbook



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Welcome To Parklands

We are pleased to welcome you to Parklands Golf Club and hope that your membership of our Club will prove to be enjoyable.

We will give you the opportunity to learn and play golf both as a social game and in competition with other members of the club. As you progress you may be selected to play golf as a member of Parklands Junior team playing against other golf clubs junior teams.

The Junior Organiser, Junior committee and members are here to help you and to answer any queries you may have.

We want you to play and enjoy your golf and in return we ask that you uphold the rules of the Club and always behave in a manner which makes us proud of you.

This booklet has been produced to give you the basic information needed to begin to play golf at Parklands. We hope you enjoy playing your golf and being a member of this club.

Have fun but consider other members.



Mission Statement

To provide a safe and friendly environment where junior players can enjoy golf and develop their skills under the guidance of professional expertise.

To respond to the needs of junior golfers regardless of their golfing achievements, gender, ethnicity, disability and religion.

To provide facilities and support so that junior golfers are encouraged to develop their skills to the highest standard commensurate with their ability.

To help junior golfers to enjoy their golf at whatever level they may aspire to.

To promote the concept of friendship and respect for others by playing the game according to the rules and spirit of the game.

To encourage playing the game of golf for enjoyment with honesty, integrity and self-discipline within the framework of Etiquette and the Rules of Golf.

To make your golfing experience one of fun where good friendships can be made.





*Keep up to date
Visit the Members
Website*



There is a section on the website for juniors and this has photographs of the helpers listed below so that you can easily recognise them.

Details of all Committee members, competitions , social functions etc. can be found on the club website,

www.parklandsgolfclub.co.uk

Important contacts

Club Secretary	Geoff Brown 0191- 284 9101
Welfare Officer	Mark Watkins 0191- 236 3322
Assistant Welfare Officer	Heather Stonebank 01670-826760
Junior Organiser	Steve Cruse 07770-850765
Junior team Manager	Bryan Malone 0191- 250 2808

Dress Code

In the club house

Smart casual dress is required at all times.

Clean denims may be worn in the clubhouse.

Work boots and clothing are not permitted.

Headgear must never be worn in the Clubhouse.

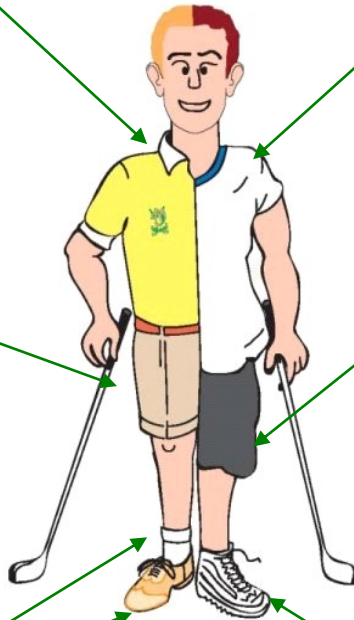
Smart trainers may be worn in the club.

On the course.

Yes Collared, polo or turtle neck shirts may be worn; shirts are tucked in.

Yes Tailored trousers, corduroys, or smart knee length shorts may be worn.

Yes White Sports socks or knee length socks.



No collarless 'T' shirts, vests, rugby/ football shirts may be worn.

No Denim jeans, jogging bottoms, safari, combats, or shell suit trousers, surf shorts, football shorts or high thigh shorts.

No street, canvas, trainers or sandals.

Yes Spiked, moulded or pimple based shoes.

The above dress code may be relaxed when players are accompanied by coaching staff.

Coaching

The Junior Team Manager organises coaching for all junior members, the dates ,time and venue and any associated cost will be posted on the junior notice board and website.

If you are interested and available watch the junior notice-board and website for details on how to apply You will be advised of the final arrangements by a member of the junior committee.

Individual lessons can be booked privately with one of the professionals or through the junior academy,

When you can play

- ♦ Junior Members are restricted from playing on the Course on Saturdays until mid-day (Summer) 11.00am (winter) and Sundays until mid-day (all year) except when playing in an official Club Competition or accompanied by an Adult.
- ♦ Junior Members must give way to Adults even when they are accompanied by an Adult. You remain a junior until you reach the age of 18.



Course rules and etiquette

Always

- ◆ **Book a tee time** and report to the professionals shop before playing.
- ◆ **Check the notice board** before play for any local or temporary rules that may be in place.
- ◆ **Switch your mobile phone to silent** whilst on the course, you may carry it for use in the event of an emergency only.
- ◆ **Show courtesy** and consideration for others at all times.
- ◆ **Be aware** if you have lost a clear hole on the match in front; invite the match behind you to play through.
- ◆ **Be ready** to play immediately when it is your turn.
- ◆ **Learn the rules of golf**, rule books are available from the secretary and committee members.
- ◆ **Behave in a sportsmanlike** way, don't throw clubs or make unnecessary noise on the course.
- ◆ **Rake the bunker** after use - leave the rake in the bunker.
- ◆ **Be careful** when removing and replacing the Flagsticks. If you attend a flag ensure that your feet are well away from the hole to avoid damage.
- ◆ **Replace all divots** and repair pitch marks on the greens.
- ◆ **Repair spike damage** only after completing the hole.
- ◆ **Wait** for those in front to move out of range.
- ◆ **Whilst on the green** use a pitch mark repairer and repair pitch marks, your own and one other.

Course rules and etiquette contd.

Do not

- ♦ **Drag your feet on the greens** this causes damage.
- ♦ **Lean on your putter** or the flagstick.
- ♦ **Walk** on your fellow competitor's line.
- ♦ **Distract a player** by moving or making a noise while they are playing.
- ♦ **Stand behind** a player or behind the hole as he plays.
- ♦ **Wheel trolleys** between the greenside bunkers and the green, on the green or tee-box.



Play the Game

Honesty is very important in golf as it in life itself, it is a game of trust, you are your own policeman. If you cheat ,you cheat yourself and betray the trust of other players, once lost trust is very difficult to regain.

Junior Competitions

Fixtures.

The competition fixture list is available on the club website and section noticeboards.

All Men's and Ladies competitions are open to junior members with a CONGU handicap. To enter add your name to the entry sheet when it is put onto the notice board in the respective locker room.

Competitions confined to only junior members are organised for all ability groups. The entry sheet will be posted on the junior notice board.

Junior competitions will be run by the Junior Committee who will allocate times and arrange for an adult to accompany you on the course if necessary.

A fixture list showing dates and the competition format of all the junior competitions is posted on the junior notice board and junior section of the website.

Start Times.

A competition start sheet for all competitions will be posted on the respective notice board as well as on the website.

On the day of competition you must report to the starter whose name (his shown on the start sheet) at least twenty minutes before you are due to start. You must present yourself at the tee box ready to play five minutes before your start time.

Junior Handicaps

CONGU Handicaps

The recommendation for Juniors from the Council of National Golf Unions [CONGU] are:-

To get your first handicap juniors should submit three 18 hole or six nine hole score cards or a combination of both.

A boy submitting three cards with scores recorded 120 or lower will be required to complete a nine hole etiquette round in the company of an approved member (see Handicap Rules) they will then be issued with a CONGU Handicap.

A girl submitting three cards with an average score of 120 will be issued with a CONGU Handicap.

All junior Qualifying Competitions involving competitors with a handicap of 28 /36 or less shall be played over an official Measured Course.

Juniors with a handicap of 28 /36 or less shall have their handicap adjusted in accordance with the CONGU® Unified Handicapping System

Club Handicaps

Players unable to achieve a recorded score under 120 will be awarded a club handicap and adjusted in accordance with CONGU recommendations . This may only be used in competitions organised by Parklands Golf Club for members.

Code of conduct for Juniors...

Parklands Golf Club expects junior members to uphold a high standard of behaviour whilst at the Club.

You should:

- ◆ help to create and maintain an environment free of fear and harassment.
- ◆ demonstrate fair play and apply the standards of golf both on and off the course.
- ◆ treat others as you would wish to be treated yourself.
- ◆ respect physical, cultural and racial differences.
- ◆ look out for yourself and for the welfare of others.
- ◆ speak out if you consider that you or others have been poorly treated.
- ◆ report behaviour that appears to fall below the expected standards of the Club.
- ◆ if you observe any form of discrimination or prejudice challenge or report it .
- ◆ be organised and on time.
- ◆ do not leave the club following a coaching session, match or competition without the knowledge and permission of the person in charge.
- ◆ listen to committee members and other representatives of the Club and comply with their requests. They have your best interests and those of the whole group in mind.
- ◆ advise the junior organiser or coach of any medical conditions which may affect your standard of play.

Code of conduct for Juniors

contd.

You should not :

Take part in any irresponsible, abusive, inappropriate or illegal behaviour which includes:-

- ◆ consuming alcohol, or illegal and performance enhancing drugs or stimulants.
- ◆ Smoking.
- ◆ using foul language.
- ◆ publicly using critical or disrespectful descriptions of others.
- ◆ gambling [e.g. on gaming machines].
- ◆ Please familiarise yourself with this Code, there is a copy on your notice board.

Safety.

Whilst Parklands is a safe environment the Club is concerned that all of its members, especially the young, are offered as much protection as possible. The Club has adopted a Child Protection Policy but you also have a responsibility for your own safety.

You are advised

- ◆ never to play on your own.
- ◆ to arrange for your parents/guardians to pick you up and drop you off during daylight hours.
- ◆ to get your parents to check that their household insurance covers you for public liability.
- ◆ if you have a mobile 'phone, take it with you onto the course, [remember to put it on silent or switch it off]. This can be used in an emergency, make sure you have the phone number of the golf shop and starter available.

Things you should carry in your golf bag

Essentials

Ball markers

Drink [water or sports drink]

Glove

Golf balls

Golf rule book

Ball marker pen

Hat

Pen or pencil

Pitch mark repairer

Tees

Umbrella

Waterproofs

Watch.

Clubs -remember only 14 clubs are allowed!!

Useful items

Club cleaner

Mobile phone

Insect repellent cream

Sun block

Snacks

Sunglasses

Risk Assessment

Do you wish to improve both your
golf skills and knowledge of the
rules of golf?

Then join

Parklands Junior Golf Academy

Book your place on the next course
in the
Professionals shop

